# COMBINING SURGICAL LIFTING WITH NATURAL INJECTABLES

Peter Newen, M.D. Image Plastic Surgery Center

#### OUR PRACTICE

- Multiple ethnicities
- Orange County California
- Highly competitive market
- Very well informed patients
- Very high expectations



#### COMMON FEARS ABOUT FACELIFTS

- Unnatural appearance
- Not enough or too much
- Bad scars
- Pixie ears
- Long recovery
- Make you age faster

## REALITIES

- Very natural appearance
- Virtually no tell tale signs
- Patients can deny having had surgery

# POST-OP DAY 10





## POST-OP 6 MONTHS



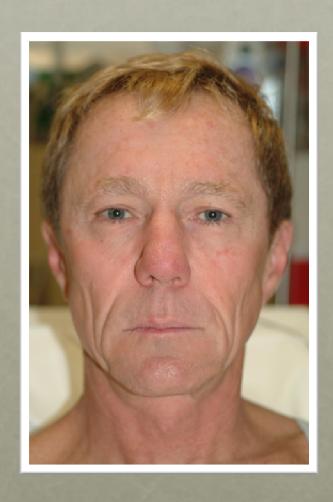


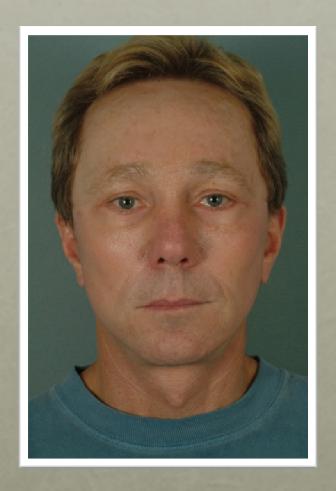
# POST-OP 6 YEARS





# MALE PATIENT





#### ANCILLARY PROCEDURES

- Current methods
  - Botox
  - Juvederm, Restylane
  - Sculptra
  - Fat
  - Lasers: CO2, Erbium, Fractionated

#### INNOVATIVE NEW TECHNIQUES

- Microneedling Collagen Induction Therapy
  - MTS Roller™ manufactured in the USA by Clinical Resolution Lab
- PRP Platelet rich plasma
  - Mycells
- Bone augmentation bone grafting
  - Crushed Cortical Demineralized

#### PLATELET RICH PLASMA - PRP

- Clinical use in wounds, maxillofacial surgery, spine
- General concensus that PRP enhances healing
- Plastic Surgery Clinical studies clotting,
  bruising

Man, Daniel M.D.; Plosker, Harvey M.D., and; Winland-Brown, Jill E. Ed.D., M.S.N., F.N.P.-C. The Use of Autologous Platelet-Rich Plasma (Platelet Gel) and Autologous Platelet-Poor Plasma (Fibrin Glue) in Cosmetic Surgery Plastic & Reconstructive Surgery: January 2001 - Volume 107 - Issue 1 - pp 229-237

## PRP PREPARATION

- Blood is drawn prior to procedure
- A variety of commercial separation kits
- Mycells In our practice
- Centrifuge
- PRP is collected

#### PRP BENEFITS

- Enhance clotting
- Initiate tissue healing with subsequent extracellular matrix
- Proliferation mesenchymal cells
- Proliferation fibroblasts
- Production of type I collagen
- Growth factor secretion PDGF, TGF, PF4, PDAF,
  VEGF, EGF, PDEGF, ECGF, IGF

Eppley, Barry L. M.D., D.M.D.; Pietrzak, William S. Ph.D.; Blanton, Matthew M.D. Platelet-Rich Plasma: A Review of Biology and Applications in Plastic Surgery. Plastic & Reconstructive Surgery: November 2006 - Volume 118 - Issue 6 - pp 147e-159e

#### GROWTH FACTORS

- Secretion starts in 10 minutes
- 95% presynthesized secreted in 1 hour
- Continue for 5 to 10 days

#### WHY COMBINATION PROCEDURES?

- Sagging skin Facelift
  - Remove excess skin, reposition deep tissue, remove or add fat as needed
- Old skin Microneedling (MTS Roller™),
  PRP, Lasers
  - Needs direct stimulation for skin rejuvenation
  - Thicker skin slower aging
- Aging is progressive

# FOR THIS RESULT



